Severe Hyperthermia Induces Apoptosis Mediated by Caspases Activation and Suppression of Hsp90α Expression in Osteosarcoma Cells

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Received date: Oct 15, 2018; Revised date: Jan 16, 2019; Accepted date: Jan 22, 2019

ABSTRACT: Hyperthermia is used as an adjuvant treatment to sensitize cancer cells to subsequent radiotherapy or chemotherapy. The aim of this study was to study the effect of severe hyperthermia on osteosarcoma cells and its underlying causes.

METHODS: Short-term (1 h) severe hyperthermia (45°C) was applied to osteoblast-like osteosarcoma cells (MG-63) and the heat shock response and cell death mechanisms were investigated after recovery at 37°C for 72 h.

RESULTS: Cell viability was significantly reduced (p<0.05) and apoptosis was significantly induced by severe hyperthermia in MG-63 cells (p<0.001). Caspase 3/7, 4 and 12 activities were significantly increased after 72 h of recovery at 37°C, indicating that severe hyperthermia induced endoplasmic reticulum (ER) stress and apoptosis (p<0.05). Heat shock protein 90 alpha (Hsp90α) was significantly down regulated at the protein level after recovery, in association with apoptosis induction (p<0.01). Additionally, caspase 8 and 9 were activated, possibly as a result of ER stress or other stimuli while, B-cell leukemia 2 family protein (BCL-2) mRNA was down regulated (p<0.01).

CONCLUSION: Severe hyperthermia could cause prolonged cell cytotoxicity by inducing apoptosis in association with inhibition of Hsp90α. This indicates the therapeutic potential of severe hyperthermia for the treatment of osteosarcoma.

KEYWORDS: hyperthermia, apoptosis, endoplasmic reticulum, stress, heat shock proteins, osteosarcoma

Indones Biomed J. 2019; 11(2): 167-74

Introduction

Osteosarcoma, a primary malignancy of growing bones, arises mainly from the metaphysis of the long bones in adolescents and young adults, with an incidence of 0.03-0.2 per 100,000 population yearly.(1-3) However, as it mainly arises in children and young adults, early diagnosis and treatment are crucial. Rapid developments in combined chemotherapy have improved the 5-year survival rate of patients with osteosarcoma to approximately 60-70%.(4) However, similar to other types of solid tumours, many osteosarcoma patients still respond poorly to chemotherapy, with the risk of local relapse or distant metastasis.(5)

A few studies have reported successful hyperthermic treatment for osteosarcoma in terms of inhibition of tumour proliferation (6), induction of apoptosis, and reduced migration of osteosarcoma cells (7,8). Furthermore, a study reported that hyperthermia with preoperative chemotherapy for isolated limb perfusion could produce a better response...
than chemotherapy alone. (9) Growing evidences suggests that hyperthermia is one of the most promising new multidisciplinary approaches for cancer therapy, especially in light of the synergy of combined hyperthermia and chemotherapy (hyperthermochemotherapy).

Hyperthermic therapy can be either local or systemic, depending on its application. Temperatures above 40°C are toxic to cancer cells such as prostate carcinoma (PC)3 (10), melanoma and non-melanoma skin cancer cells (11), and human osteosarcoma cells (6). Under heat stress, the cells respond by up regulating the expression of heat shock proteins (Hsps), notably Hsp90 and 70, which help to protect against heat-induced protein unfolding. Hsp90 has been reported to play an important role in transcriptional control of the unfolded protein response (UPR) by associating with protein kinase RNA-like endoplasmic reticulum (ER) kinase (PERK) and inositol-requiring protein-1 (IRE1) to maintain protein stability. (12) Hsp90 thus represents an attractive target for cancer treatment because of its role in stabilising many client oncoproteins. (13) There are two major forms of Hsp90 which are Hsp90α and Hsp90β, that can play roles in cell differentiation, apoptosis and proliferation. (14) Hsp90α is stress-inducible and has higher expression level in many types of cancer. (15) On the other hand, overexpression of Hsp27 was reported to suppress tumour migration under hyperthermic conditions. (16)

Cold inducible RNA binding protein (CIRBP) and RNA binding motif protein 3 (RBM3) are cold shock-inducible proteins that act as RNA chaperones and regulate translation-transcription during hyperthermia. (17) Knockdown of cold-shock proteins was reported to enhance the sensitivity of tumour cells to chemotherapy. (17,18) On the other hand, CIRBP played an important role in protecting the mouse BALB/3T3 cells from apoptosis induced by tumour necrosis factor-α-induced apoptosis. (19)

However, the heat shock response is also temperature dependent and may be inhibited above a certain temperature threshold, promoting cell death. Furthermore, the duration of hyperthermia may also be important. Too short duration for proper heating may only inhibit the expression and action of Hsps temporarily. Overall, the mechanism underlying the induction of cell death by short-term severe hyperthermia in osteosarcoma cells remains poorly understood. The aim of the present study is to investigate the effect of short-term severe hyperthermia on cell viability, heat shock response, and the mode of cell death. This effect was investigated at the molecular level by determine changes in several key apoptosis-related genes and proteins such B-cell leukemia 2 family protein (BCL2)-associated X protein (BAX), caspases 3, 7, 8, 9 and 12 and the anti-apoptotic protein as BCL-2.

### Methods

#### Cell Culture

Osteoblast-like osteosarcoma cells MG-63 were obtained from the American Type Culture Collection (Manassas, USA). Meanwhile, phosphate-buffered saline (PBS), Dulbecco’s modified eagle medium: nutrient mixture F-12 (DMEM/F-12), foetal bovine serum, accutase, trypan blue and penicillin-streptomycin were purchased from Life Technologies (Grand Island, USA). MG-63 cells were cultured in DMEM/F-12 with 10% fetal bovine serum and 1% penicillin-streptomycin at a seeding density of 10ª cells/cm in 75 mL flask. Severe hyperthermia group was treated at 45°C for 1 h and then recovered for 72 h at 37°C in a humidified CO₂ incubator. Control group was maintained at 37°C for the same period of time.

#### Cell Viability

The cells were cultured in 96-well plates at a concentration of 5x10ª cells/well in 100 µL of full medium. The 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulphophenyl)-2H-tetrazolium (MTS) assay was used to measure the cell viability according to the manufacturer’s instructions (Promega, Madison, USA). To perform the assay, 100 µL was added to each well and incubated for 4 h at 37°C in a humidified CO₂ incubator. The colour changes due to production of formazan crystal was measured by using Biomek® FX enzyme-linked immunosorbent assay (ELISA) reader (Beckman, Brea, USA) at 490 nm.

#### Flow Cytometric Measurement of Apoptosis

A commercial Annexin V-FITC kit (Beckman Coulter, Marseille, France) was used to detect apoptotic cells. MG-63 cells were seeded at a density of 10ª cells/cm² in T-25 flasks (Orange Scientific, Braine-l’Alleud, Belgium) and allowed to attach overnight. The severe hyperthermia treatment was done as mentioned above. After that the cells were detached by using accutase, washed with ice-cold PBS, and centrifuged for 5 min at 500 x g at 4°C. The cell pellets were suspended in ice-cold 1x binding buffer to 5x10³-5x10⁴ cells. Following gentle vortex, 100 µL of cell suspension was stained with 5 µL of propidium iodide (PI) and 1 µL of Annexin V-FITC solution for 15 min. This mixture was incubated on ice in dark room. The analysis
was performed using a flow cytometer (Becton Dickinson, California, USA).

Caspases Activity
Activities of caspases 3/7, 8 and 9 were measured using a luminescence-based assay (Promega). Cells were seeded at 5x10^3 cells/100 μL full medium per well in white 96-well plates and left to attach overnight at 37°C. The next day the cells were exposed to 1 h of severe hyperthermia followed by 72 h recovery at normal temperature. At the end of the incubation time, 100 μL of caspase reagent was added. The luminescence signal was measured using a plate reader (Perkin Elmer, Waltham, USA). Caspase 4 and 12 activities were determined by fluorometric assay (Biovision, Milpitas, USA) according to the manufacturer’s instructions.

Gene Expression Analysis by Polymerase Chain Reaction (PCR) Array
Gene expression levels of caspases 8, 9 and 3, BCL-2, BAX, RBM3, CIRBP, Hsp70 and Hsp27 were analysed using a PCR array (Qiagen, Hilden, Germany), with glyceraldehyde 3-phosphate dehydrogenase and hypoxanthine phospho-ribosyltransferase 1 as reference genes. Briefly, total RNA was extracted from MG-63 cells using a RNA mini kit (Qiagen). RNA purity was determined using NanoDrop (Thermo Scientific, Wilmington, USA) and RNA quality was checked with the Agilent 2100 Bioanalyzer (Agilent, Santa Clara, USA). RNA samples with RNA integrity number <7 were excluded. An RT² First Strand Kit was used to eliminate genomic contamination and for complementary DNA synthesis (Qiagen). One μg of total RNA was reverse transcribed in a 20 μL mixture of RT² First Strand Kit for each reaction, according to the manufacturer’s protocol. One μL of the obtained complementary DNA was loaded into an RT² profiler well after mixing with RT² PCR master mix (total volume 25 μL) (SABioscience, Maryland, USA) 96-well PCR array plates (CAPH10449) and amplified using an iQ 5 Real Time PCR detection system (Bio-Rad, Hercules, USA).

ELISA Test
Protein expression levels of Hsp70, Hsp27 and Hsp90α were determined according to the manufacturers’ instructions, using commercial ELISA kits from Abcam (Cambridge, UK), Assaypro (Missouri, USA), and eBioscience (San Diego, USA), respectively. In brief, cells were harvested with accutase after treatment and washed twice with ice-cold PBS and centrifuged for 5 min at 500 x g at 4 °C. The cell pellets were lysed in 150 μL of extraction buffer after adding halt protease and phosphatase inhibitor cocktail from Fisher Scientific (Lenexa, USA). The protein quantity was determined using a NanoDrop 2000c Spectrophotometer (Thermo Scientific). Colorimetric detection was determined by reading the absorbance at 450 nm (Perkin Elmer).

Statistical Analysis
Data were expressed as mean ± standard deviation of three separate experiments. All data were tested for normality. Statistical analysis was performed by independent sample t-tests. A global significance level of p<0.05 was used for all analyses. Statistical analyses were performed using SPSS version 17.0 (SPSS Inc., Chicago, USA) for all assays except for PCR array data. PCR array data were analysed through the SABioscience website (http://pcrdataanalysis.sabiosciences.com/pcr/arrayanalysis.php) to calculate the p-values.

Results
Severe Hyperthermia Reduced Cell Viability, Induced Apoptosis, and Upregulated BAX Gene Expression
In osteosarcoma cells, severe hyperthermia significantly reduced cell viability after 72 h of recovery at 37°C (Figure 1A). The pro-apoptotic marker (BAX) was upregulated slightly in severe hyperthermia group (Figure 1B), but the increase was not significant (p>0.05). BCL-2 mRNA was downregulated in severe hyperthermia group in significant manner (p<0.01).

MTS results were confirmed by flow cytometric measurement of Annexin V/PI-labelled MG-63 cells, which also showed significant reductions in cell viability in the severe hyperthermia group. Severe hyperthermia significantly induced early and late apoptosis after the 72 h recovery period at 37°C (Figure 1C and 1D). These data indicate that severe hyperthermia caused prolonged stress associated with increased apoptosis.

Recovery Period After Short-term Severe Hyperthermia Increases Caspase Activities
Activity of caspases 3/7, 4, 8, 9 and 12 were significantly increased after 72 h of recovery at 37°C (p<0.05) (Figure 2A). On the other hand, there was no significant difference in the effects of severe hyperthermia on gene expression of caspases 8, 9 and 3 (p>0.05) (Figure 2B).
Figure 1. The effect of severe hyperthermia on various markers. A: the effect of severe, short-term hyperthermia on MG-63 cell viability; B: the effect of severe, short-term hyperthermia on expression of BCL-2 and BAX mRNA; C: the effect of severe, short-term hyperthermia on cell apoptosis percentage (data are expressed as mean±SD, n equals three replicates, independent sample t-test was used and significance was set at *p< 0.05, **p<0.01 and ***p> 0.001); D: contour diagram of Annexin V/PI Flow Cytometry (lower left quadrants indicate viable cells, excluding PI and negative for Annexin V binding; the upper right quadrants contain the nonviable, necrotic cells and late apoptotic positive for Annexin V and PI uptake; lower right quadrants represent the early apoptotic cells, Annexin V positive and PI negative).

Severe Hyperthermia Upregulates Hsp70 and 27 but Downregulates Hsp90α and CIRBP

Protein levels of Hsp70 and 27 were significantly upregulated in the severe hyperthermia group (p<0.001 and p<0.01, respectively), while Hsp90α level was significantly lower than in the negative control cells (p<0.01) (Figure 3A). CIRBP transcript were downregulated by severe hyperthermia, while RBM3 expression was not significantly affected (Figure 3B). Hsp27 mRNA was upregulated significantly after 72 h recovery (Figure 3B).
The current study showed that severe hyperthermia induced apoptosis after 72 h of recovery, with rates 16%, associated with a significant reduction in the viability of osteosarcoma cells. Severe hyperthermia also decreased BCL-2 mRNA and increased BAX mRNA expression and activated caspase 3/7, supporting its role in inducing apoptosis. BAX is a pro-apoptotic protein found in the cytosol of cells, which in response to apoptotic stimuli translocate to the outer mitochondrial membrane (20) to induce mitochondrial-membrane permeabilisation (21) and cytochrome c release (22), which in turn activate caspase 9. In contrast, BCL-2 is an anti-apoptotic protein, which has been shown to prevent the release of cytochrome c and stabilise the outer mitochondrial membrane following stimulation with several types of apoptosis-inducing factors in animal cells, including chemotherapeutic agents.(23,24) Our results showed that severe hyperthermia-induced apoptosis, increased BAX and deceased BCL-2 gene transcription, indicating the potential involvement of mitochondria-mediated apoptosis (intrinsic pathway).

Caspases 4 and 12 have been reported to be ER stress-specific caspases able to induce apoptosis in human cells. (25,11) Previous study found that hyperthermia induced caspase 3-dependent apoptosis, independent of classical pathway of apoptosis where caspase 3 is activated through either caspase 9 or 8. (11) They demonstrated that caspase 3 activation was stimulated through ER-mediated apoptosis. Another study was conducted on in renal epithelial cells and mouse embryonic fibroblasts and reported that apoptotic protease-activating factor 1 and mitochondria were triggered ER stress-induced cell death.(26) Another study reported that ER stress-induced apoptosis of B-chronic lymphocytic leukaemia cells was triggered by caspase 4, which in turn activated caspase 8, followed by activation of caspase 3.(27) In the present study, caspases 3/7, 4, 8, 9 and 12 were significantly increased in the severe hyperthermia-recovered group compared with the control group. There are two possible mechanisms, first is caspase 4 activates caspase 8, which then activates caspases 3 and 9, and combination of the intrinsic and extrinsic pathways of apoptosis together with ER stress. The prolonged ER stress lead to cell death due to overwhelming conditions, when the misfolded protein load is higher and more than the
ER folding capacity.\textsuperscript{(28)} The findings of the present study suggest that severe hyperthermia results in the generation of misfolded proteins that exceeds the chaperoning activity of Hsps.

Hsps play many roles in the cell, including assisting in the stabilisation and folding of numerous client proteins. These Hsps are increased in normal cells under stress situations to provide cellular protection.\textsuperscript{(29)} Hsp90 represents an attractive target for cancer treatment because of its role in stabilising many client oncoproteins.\textsuperscript{(13)} Hsp90 has also been reported to play an important role in the transcriptional arm of the UPR, because it is associated with maintaining the stability of PERK and IRE1.\textsuperscript{(12)} Moreover, Hsp90α was shown to be localised at the site of DNA damage to aid stabilisation of the DNA-repair system.\textsuperscript{(30)} In the present study, Hsp90α was significantly downregulated after recovery from severe hyperthermia, which might be attributed to sustained ER stress. A previous study showed that the Hsp90 inhibitor PU-H71 induced ER stress and led to apoptosis in many cancer cell lines.\textsuperscript{(13)} Furthermore, apoptosis through the mitochondrial pathway was associated with downregulation of BCL-2 and activation of BAX.\textsuperscript{(13)} Our results were consistent with this previous study in terms of trends in caspase activation, and BCL-2 and BAX mRNA expression. Interestingly, Hsp90 inhibition by geldanamycin or 17-AAG was reported to induce ER stress-mediated apoptosis \textsuperscript{(31)}, similar to the findings of another study, which showed that the Hsp90 inhibitor PU-H71-induced ER stress and led to apoptosis in many cancer cell lines \textsuperscript{(13)}.

Overexpression of Hsp27 was reported to suppress tumour migration under hyperthermic conditions.\textsuperscript{(16)} This effect was attributed to the suppression of autocrine motility factor. A recent study showed that overexpression of Hsp27 was associated with cell cycle arrest and increased gemcitabine sensitivity in pancreatic cancer cells \textsuperscript{(32)}, while Hsp70 expression was associated with a good response to chemotherapy in osteosarcoma patients \textsuperscript{(33)}. Furthermore, hyperthermia caused Hsp70 upregulation and reduced viability of osteosarcoma cells \textsuperscript{(6)}, consistent with the results of the current study in which severe hyperthermia caused upregulation of Hsp70 and Hsp27 at both the protein and mRNA levels after recovery.

In the present study, severe hyperthermia resulted in downregulation of CIRBP, which could explain the significant cell death. Several studies found that RBM3 expression and its nuclear localisation were associated with improved survival in many types of cancer cells, including
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ovarian cancer (34), breast cancer (35), malignant melanoma (36), and prostate cancer (37). Furthermore, a link between RBM3 expression and increased sensitivity to cisplatin was observed in ovarian cancer cells.(34) In the present study, induced apoptosis and reduced cell viability under severe hyperthermic conditions might be attributed to upregulation of RBM3 and downregulation of CIRBP gene expression. One study found that overexpression of RBM3 in PC3 cells greatly attenuated their stem cell-like features.(38) Induction of RBM3 in osteoblast cells under hyperthermia resulted in stabilisation of mRNA and increased transcription of bone-function markers, such as alkaline phosphatase and osteocalcin.(39) The findings of these studies indicate that RBM3 promotes cancer cell differentiation and reduces cell proliferation, as indicated by the results of the MTS assay in our study. However, further studies to determine protein levels are needed to allow conclusions on the roles of cold-shock proteins to be reached.

Conclusion

In conclusion, severe hyperthermia leads to induction of apoptosis in osteosarcoma cells and may result in prolonged ER stress and caspases activation. Hyperthermia also induces ER stress, indicated by reduced expression of Hsp90α and increased activation of both caspases 4 and 12. Further studies are needed to identify the precise mechanisms responsible for short-term of severe hyperthermia-induced apoptosis.

Acknowledgements

We would also like to acknowledge all the staff of the Institute of Medical Molecular Biotechnology (IMMB) for their assistance in the development of this article.

This study was supported by the Malaysian Ministry of Higher Education (MOHE) for the Fundamental Research Grant Scheme (FRGS), project code: 600-RMI/FRGS 5/3 (109/2013).

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